



DEPRESSION

Depression

“The mind can descend far lower than the body, for it there are bottomless pits. The flesh can bear only a certain number of wounds and no more, but the soul can bleed in ten thousand ways, and die over and over again each hour.” – C.H. Spurgeon



Depression - Causes



Sickness



Sin



Situation

Depression - Sickness

Tommy Nelson



Depression - Sickness

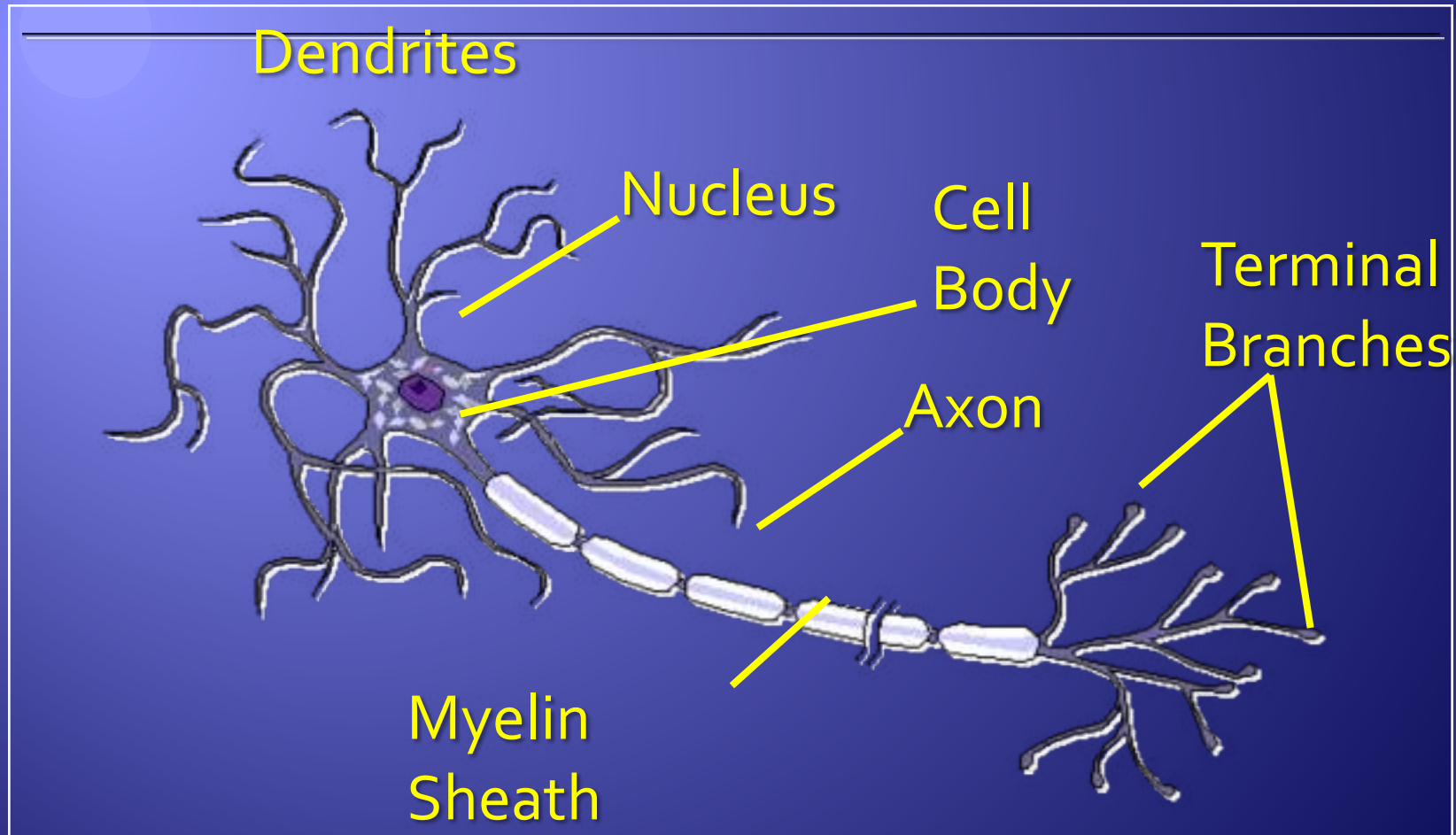
Psalm 139:13-16

For you created my inmost being; you
knit me together in my mother's
womb.

I praise you because I am fearfully and
wonderfully made; your works are
wonderful, I know that full well.

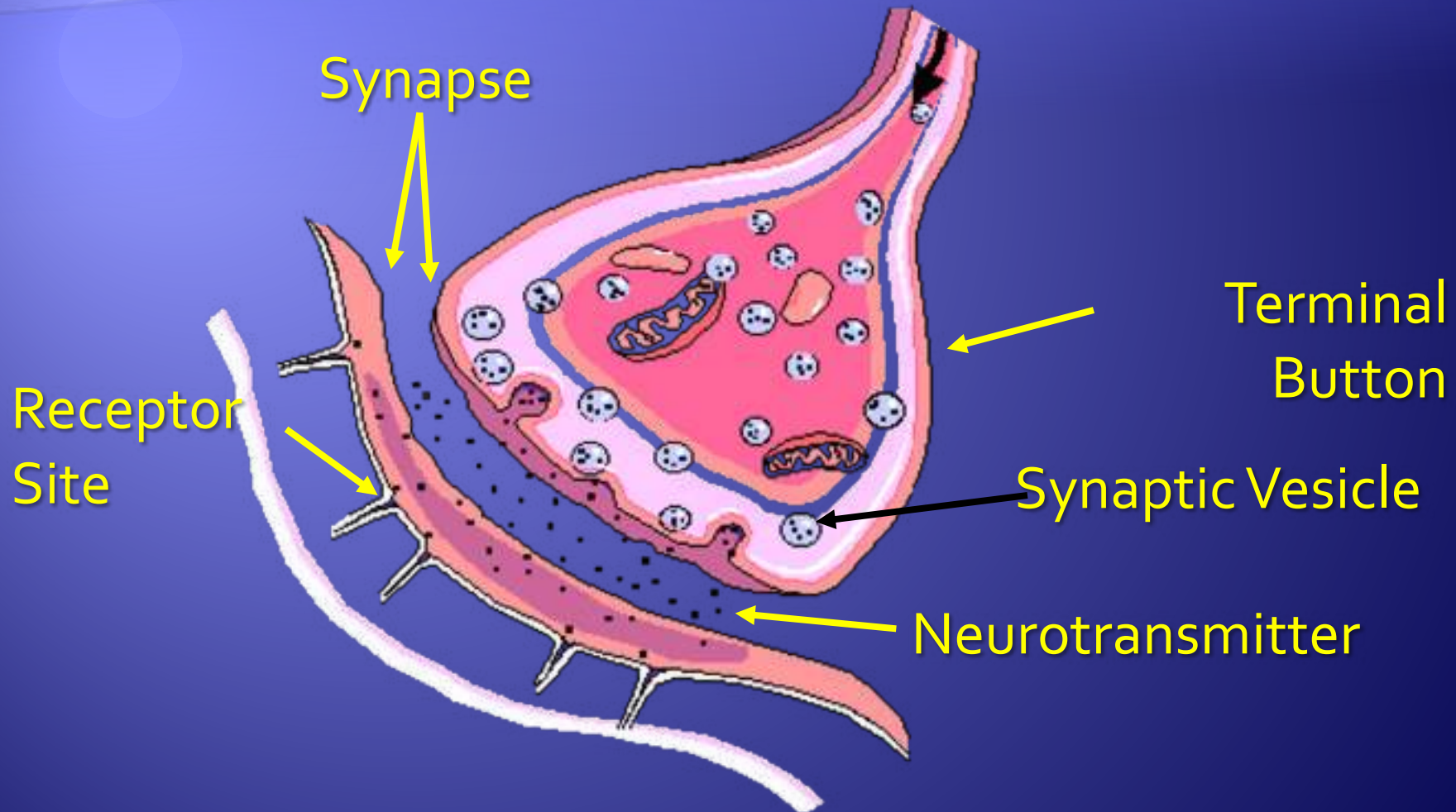
Depression - Sickness

Components of a Neuron



Depression - Sickness

Synaptic Transmission



Depression - Sickness Synaptic Transmission

Jacqueline Mason

Final Project

CGT 241-2

A brief examination of selective
serotonin reuptake inhibitors. Prozac

Depression - Sickness

Synaptic Transmission



Depression - Sickness

Synaptic Transmission



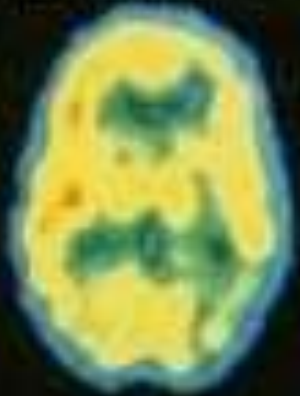
Depression - Sickness

Neurotransmitters and Their Role

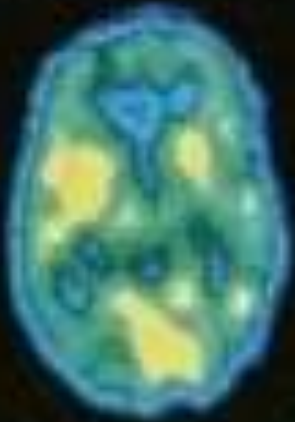
- ◆ *Acetylcholine (ACh)*: plays a role in arousal, attention, memory, and motivation
- ◆ *Dopamine*: plays a role in motor disorders, such as Parkinson's disease
- ◆ *Serotonin*: affects emotions, arousal, and sleep

Depression - Sickness

NORMAL

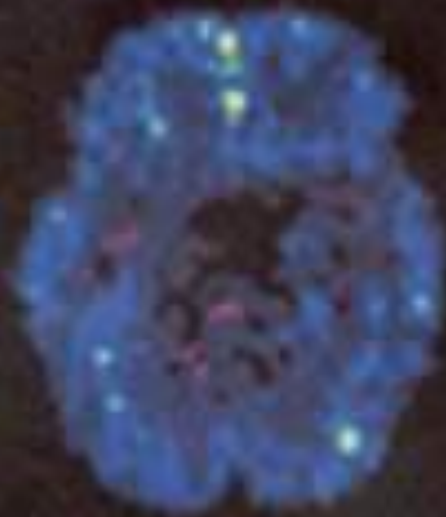


DEPRESSED

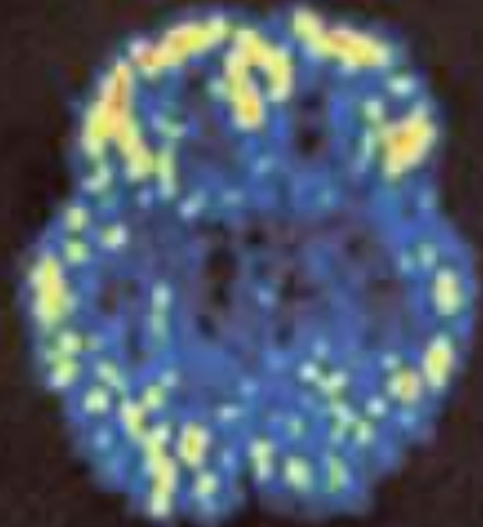


Depression

Depressed



Recovered



Depression - Sickness

- ◆ James 5:14 – Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord.
- ◆ “God may heal directly, through medicine, or in answer to prayer, as here. The oil is a symbol of the presence of God; it may also have been considered medicinal in James’ day – Charles Ryrie, Ryrie Study Bible
- ◆ Scholars see this anointing as practical and medicinal. Its use here was clearly with the expectation that physical healing could occur.” – David Nystrom, The NIV Application Commentary: James
- ◆ “The use of oil for medicinal purpose is referred to in Isa. 1:6; Mk. 6:13 and Lk. 10:34. We have here medicine and prayer.” – Alexander Ross, NICNT: The Epistle of James & John

Depression - Sickness



Depression - Sickness



Depression - Sin

- ◆ Psalm 32:3-5 – For when I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer. I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin.
- ◆ Psalm 51 - Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin!

Depression – Sin?

- ◆ John 9:2 – “Rabbi, who sinned, this man or his parents, that he was born blind?”
- ◆ John 5:14 - Afterward Jesus found him in the temple and said to him, “See, you are well! Sin no more, that nothing worse may happen to you.”
- ◆ John 8:11 - “Neither do I condemn you; go, and from now on sin no more.”

Depression - Situation

- ◆ Job 1:20 – Then Job arose and tore his robe and shaved his head and fell on the ground and worshiped. ²¹And he said, "Naked I came from my mother's womb, and naked shall I return. The LORD gave, and the LORD has taken away; blessed be the name of the LORD."
- ◆ Job's Friends (Eliphaz, Bildad, Zophar) – Job 4:7,8 – Remember: who that was innocent ever perished? Or where were the upright cut off? As I have seen, those who plow iniquity and sow trouble reap the same.

Depression - Situation

- ◆ Elihu – Job 32:1 – He burned with anger also at Job's three friends because they had found no answer, although they had declared Job to be in the wrong.
- ◆ Job 42:1 - Then Job answered the LORD and said: "I know that you can do all things, and that no purpose of yours can be thwarted."

Depression - Causes



Sickness

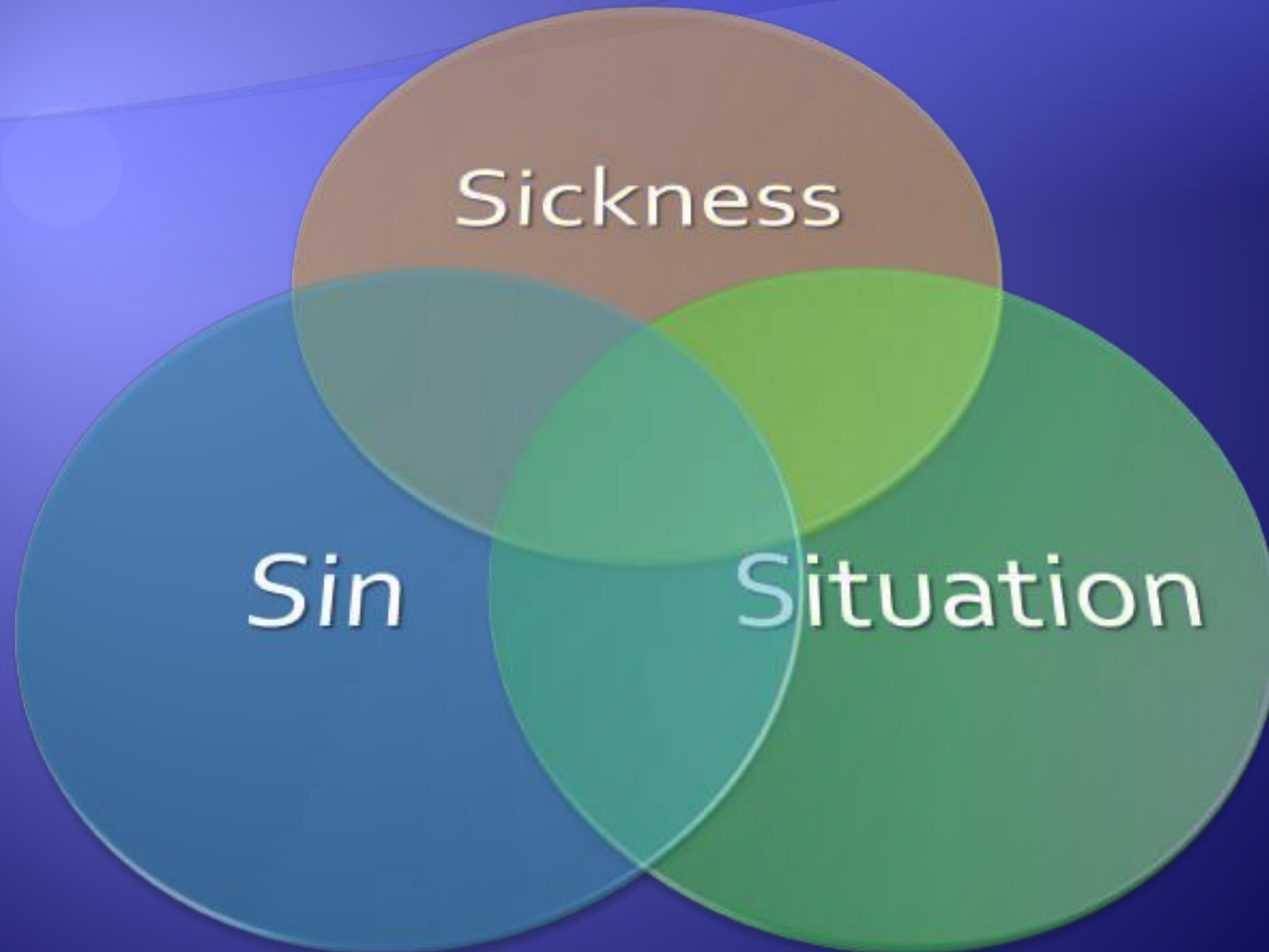


Sin



Situation

Depression – Inter-Related



Depression – “Treatment”

Sickness

- Medication - SSRI
- James 5

Sin

- Confession, Repentance
- Psalm 32, Psalm 51

Situation

- Faith in God's Sovereignty
- Job 42