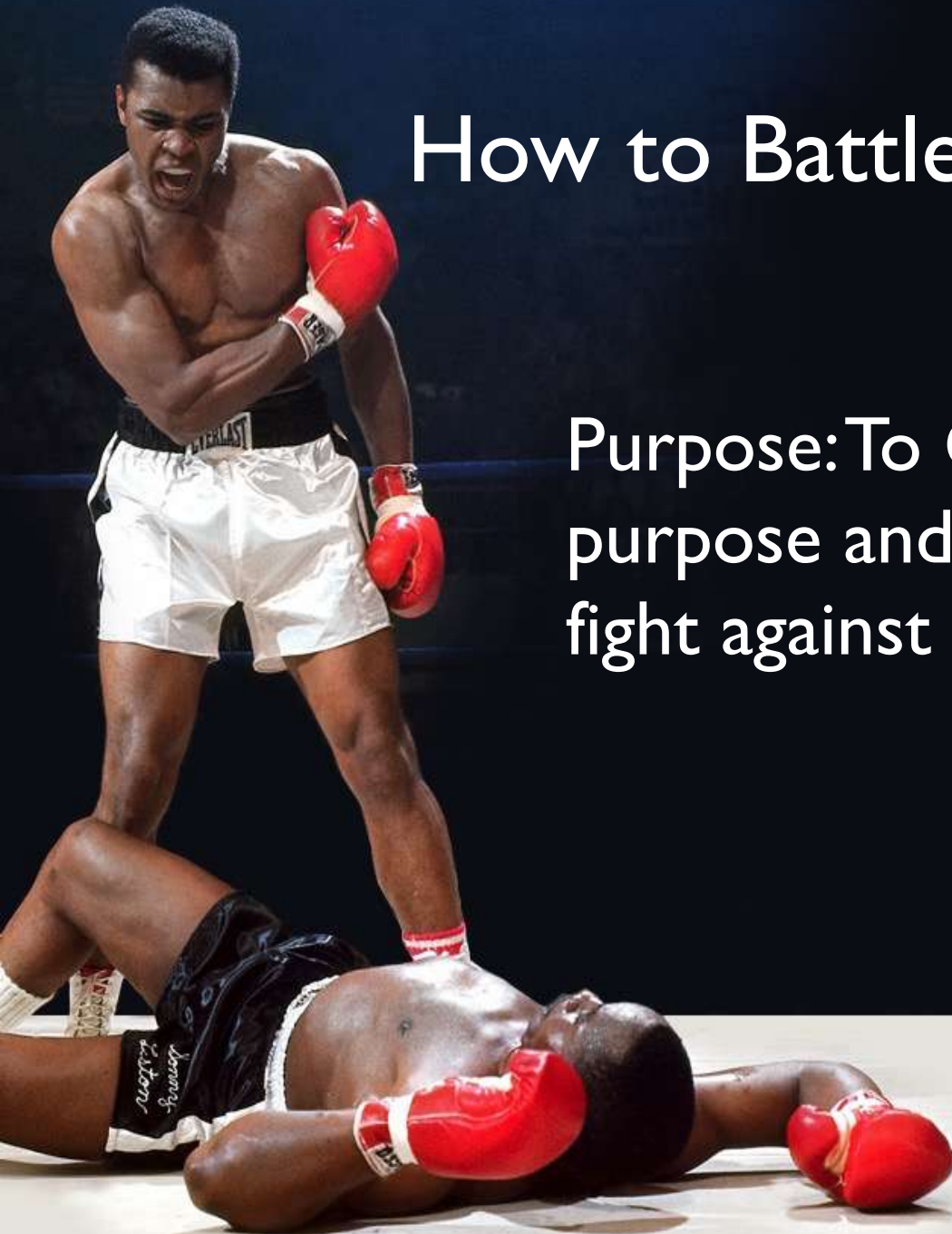


# Fight Like a Man! How to Battle Sexual Temptation



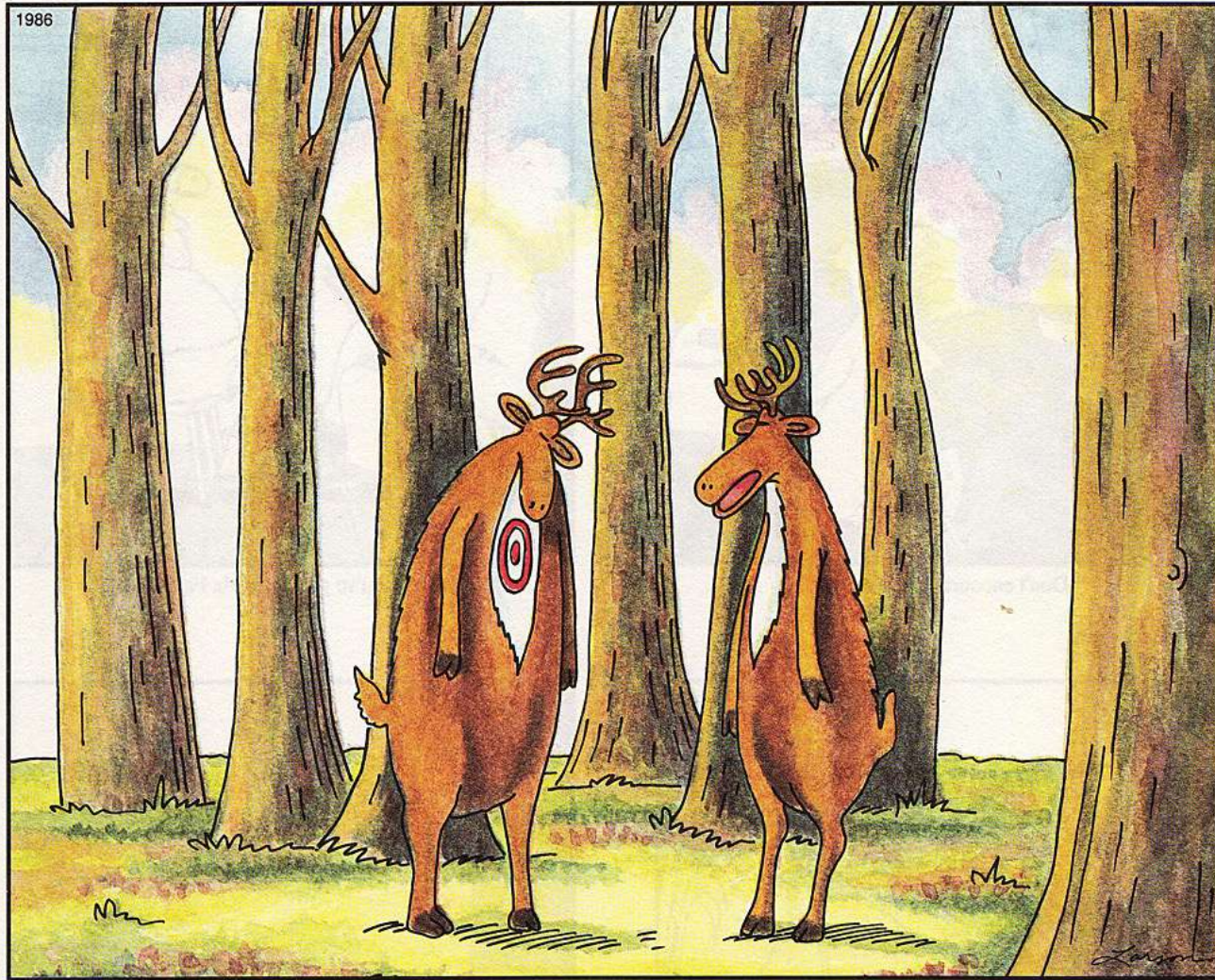
# Fight Like a Man! How to Battle Sexual Temptation

Purpose: To Give Men hope,  
purpose and direction in the  
fight against sexual temptation





# Fight Like a Man! How to Battle Sexual Temptation

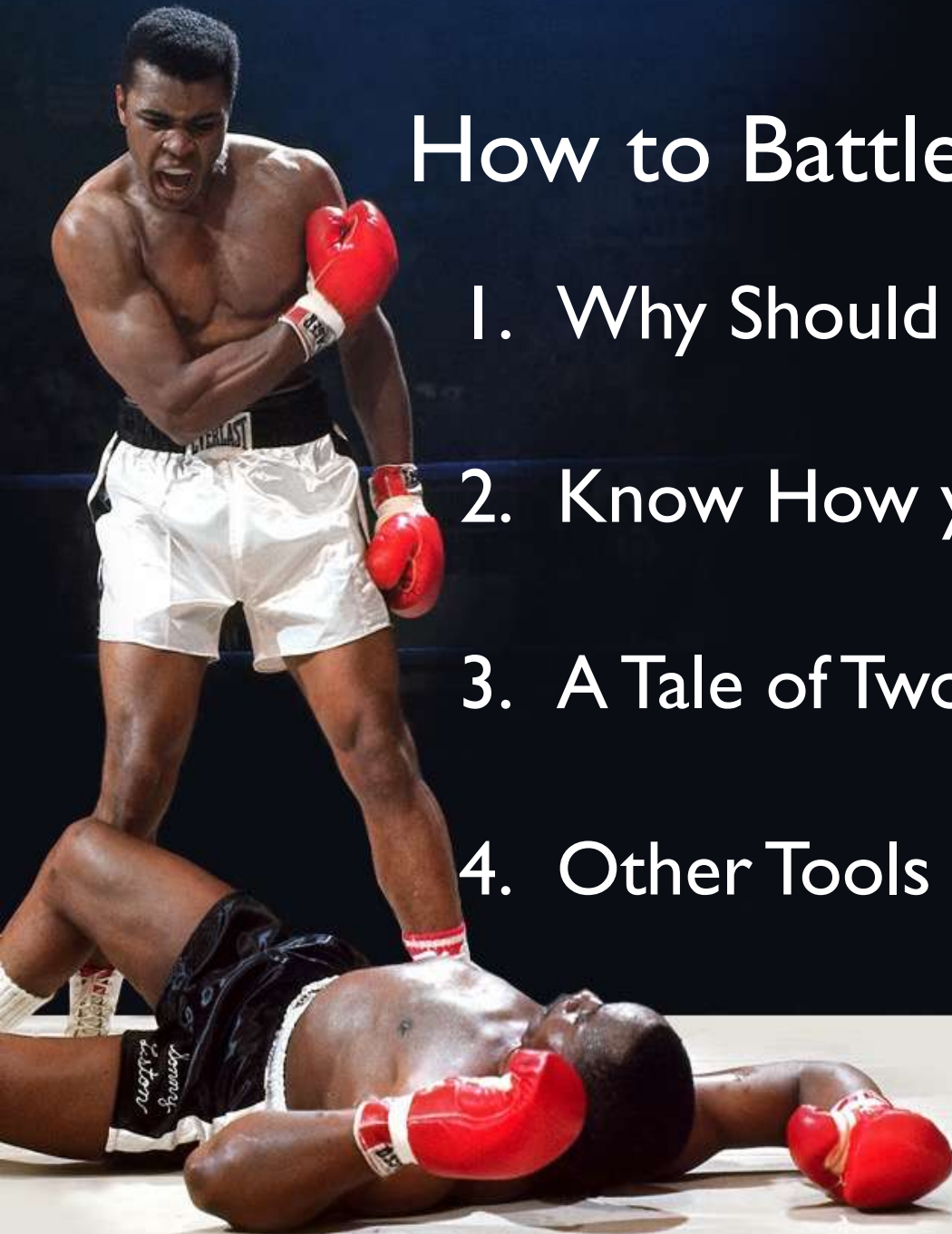


"Bummer of a birthmark, Hal."



# Fight Like a Man! How to Battle Sexual Temptation

1. Why Should we Fight?
2. Know How your Enemy Fights
3. A Tale of Two Fighters
4. Other Tools in the Fight





# Fight Like a Man! How to Battle Sexual Temptation

1. Sexuality is designed by God to Glorify God – Ezekiel 16:1-63
2. Knowing God, in Christ, is a way to avoid sexual sin – 2 Peter 1:3-4
3. God gives us better motivations – Matthew 5:8

1. Why Should we Fight?

A black and white photograph of a boxing match. A boxer in white shorts and red gloves stands over a defeated opponent lying on the ground. The boxer is shouting or celebrating. The background is dark.

# Fight Like a Man! How to Battle Sexual Temptation

Satan is Cruel & Clever, but not Creative

1 Peter 5:8 - Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

Genesis 9:13 - I have set my bow in the cloud, and it shall be a sign of the covenant between me and the earth.

Psalms 19:1 - The heavens declare the glory of God

2. Know How your  
Enemy Fights





# Fight Like a Man! How to Battle Sexual Temptation

## Parable of the Sower – Matthew 13:1-23

“And he told them many things in parables, saying:  
“A sower went out to sow. And as he sowed,  
some seeds fell along the path, and the birds came  
and devoured them.

When anyone hears the word of the kingdom and  
does not understand it, the evil one comes and  
snatches away what has been sown in his heart.



# Fight Like a Man! How to Battle Sexual Temptation

## Adam – Genesis 3:1-7

“Did God actually say...?”  
Questioning of God’s Word

“Neither shall you touch it...”  
Adding to God’s Word

“You will not die!”  
Dishonest about God’s Word

## Jesus – Mathew 4:1-11

Stones to Bread...  
“It is Written”

Throw Yourself Down...  
“It is Written”

Showed Him the Kingdoms...  
“It is Written”

2. Know How your  
Enemy Fights



A photograph of a boxer in a white and black uniform with red gloves, standing over a defeated opponent lying on the ground. The boxer is shouting with his mouth open, and the opponent is lying on his back with his arms outstretched. The background is dark.

# Fight Like a Man! How to Battle Sexual Temptation

## The Armor of God – Ephesians 6:10-18

“Put on the whole armor of God, that you may be able to stand against the schemes of the devil...and the sword of the Spirit, which is the word of God.”

James 4:7 – Resist the devil, and he will flee from you

2. Know How your  
Enemy Fights



# Fight Like a Man! How to Battle Sexual Temptation

**Adam –  
Genesis 3:1-7**

“And she gave  
some to her  
husband who was  
with her”

**Jesus – Mathew  
4:1-11**

“Then the Devil  
left Him”

**You & Me –  
1 John 2:16**

“The World is  
passing...but  
whoever does the  
will of God abides  
forever.”

2. Know How your  
Enemy Fights



# Fight Like a Man! How to Battle Sexual Temptation

## Comparison between Adam and Jesus – Romans 5

“But the free gift is not like the trespass. For if many died through one man's trespass (Adam), much more have the grace of God and the free gift by the grace of that one man Jesus Christ abounded for many.”

2. Know How your  
Enemy Fights





# Fight Like a Man!

## How to Battle Sexual Temptation

**Adam & Eve –  
Genesis 3:1-7**

Good for Food

Delight to the Eyes

Desired to Make  
one Wise

**Jesus –  
Mathew 4:1-11**

Stones to Bread...

Showed Him the  
Kingdoms...

Throw Yourself  
Down...

**You & Me –  
1 John 2:16**

Lust of the Flesh

Lust of the Eyes

Boastful Pride  
of Life

### 3. A Tale of Two Fighters

A photograph of a boxer in a ring, wearing white shorts and red gloves, shouting and celebrating a victory. Another boxer is lying on the ground in front of him. The background is dark and out of focus.

# Fight Like a Man! How to Battle Sexual Temptation

## Run You Fools!

Flee — 2 Timothy 2:22; Joseph — Gen. 39; David — 2 Sam. 11

## Accountability with Others

Galatians 6 — “Bear one another's burdens”

## Accountability Software

Covenant Eyes, X3Watch, Open DNS

## Computer Placement

4. Use other Tools to Fight



# Fight Like a Man! How to Battle Sexual Temptation

## 1 Kings 2:2

“When David's time to die drew near, he commanded Solomon his son, saying, “I am about to go the way of all the earth. Be strong, and show yourself a man, and keep the charge of the Lord your God, walking in his ways and keeping his statutes, his commandments, his rules, and his testimonies, as it is written in the Law of Moses, that you may prosper in all that you do and wherever you turn, that the Lord may establish his word that he spoke concerning me, saying, ‘If your sons pay close attention to their way, to walk before me in faithfulness with all their heart and with all their soul, you shall not lack a man on the throne of Israel.’